How to Motivate Your Child for School and Beyond
by Dr Andrew Martin

This is a positive, practical guide to helping children be the best they can be at school and beyond. It offers achievable solutions for parents who want their children to do well at school – and enjoy the process.

Author Dr Andrew Martin has recently won the prestigious American Psychological Association’s international award for his innovative work on student motivation. In this book he reveals the keys to enthusing children in their schoolwork and encouraging them to achieve to their potential at school and university.

**HOW TO MOTIVATE YOUR CHILD** is packed with strategies to boost a child’s motivation...
- Increasing a child’s learning focus
- Assisting in schoolwork and study
- Enhancing a child’s persistence
- Reducing anxiety, especially around test time
- Reducing a child’s fear of failure
- Increasing a child’s self esteem

New research shows the difference between children who are enthusiastic achievers and those who struggle isn’t simply the makeup of the child. There are practical things parents and teachers can do today to motivate children of every age.

**Special issues discussed**...
* Building a good relationship with your child
* Re-engaging the disengaged child
* Motivating boys
* Motivating the gifted and talented

Packed with authoritative information and hands on strategies for parents and teachers, **HOW TO MOTIVATE YOUR CHILD** is a must-have for parents and professionals who work with families and children.

**Dr Andrew Martin Biography**
Psychologist Dr Andrew Martin from the SELF Research Centre at the University of Western Sydney is one of Australia’s leading experts on child motivation. He won the 2002 American Psychological Association’s award for the world’s most outstanding doctorate in educational psychology. He is an active researcher in student motivation and regularly presents to parents, teachers and students. He lives in Sydney with his wife and children.

INTERVIEWS
or talkback

across Australia from
MONDAY MAY 12
*Sydney from Monday May 12
*In Melbourne Wednesday May 28
*In Brisbane Friday June 13

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Student motivation to learn: is self-belief the key to transition and first year performance in an undergraduate health professions program? Susan Edgar, Sandra E Carr, Joanne Connaughton, Antonio Celenza. Medicine. As a parent, it’s difficult not to become invested in our child’s academic life because we know how important it is for their future. From our perspective, the truth is, most kids are motivated, but not by what we think should motivate them. Understand that kids need to buy into the value of doing well. Below are tips on how you can motivate your child to do better in school. Keep a relationship with your kids that is open, respectful and positive. This will allow you to be most influential with them, which is your most important parenting tool. Punishing, preaching, threatening and manipulating will get you nowhere and will be detrimental to your relationship and to their ultimate motivation. Your feelings of anxiety, frustration and fear are no
Have you ever wondered how you can motivate your child to practise their English? Follow our ten tips for success!

7. Support your child’s schoolwork. Children are often reluctant to do their homework or study for school tests. Establish a regular homework routine, allowing your child some choice in what time and where they study. Provide help, and try to be supportive and encouraging. Praise your child for any effort they make, rather than criticise or threaten them. This will help your child to develop self-confidence and a positive attitude. A child who enjoys English will be intrinsically motivated to practise, improve and study. Don’t be afraid to talk to their teacher; they will be happy to advise. Help your child organize her school papers and assignments so she feels in control of her work. If her task seems too daunting, she’ll spend more time worrying than learning. Check in with her regularly to make sure she’s not feeling overloaded. Celebrate achievements, no matter how small. Completing a book report calls for a special treat; finishing a book allows your child an hour of video games. You’ll offer positive reinforcement that will inspire him to keep learning and challenging himself. Focus on strengths, encouraging developing talents. Even if she didn’t ace her

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